

Est. 1948



SEA LANE

Café

on the beach

LUNCH

Served everyday from 11.30am onwards

Main Meals

Sausage & Chips	£6.25
Add Fried Egg or Beans	£1.50
Fish Finger Brioche Bun	£6.95
Add Small Chips	£2.10
Chicken Nuggets & Chips	£9.50
Farmhouse Ham, Fried Egg & Chips	£9.50
Quiche of the day & Chips	£10.50

Fish

Breaded Plaice	£10.95
Scampi	£10.95
Goujons of Plaice	£10.95
Breaded Prawns & Garlic Dip	£10.95
Large Battered Cod	£11.95
<i>All served with a portion of Chips or Salad</i>	

Toasties

White, Granary or GF Bread available

Farmhouse Ham & Cheese	£5.75
Cheese & Tomato	£5.50
Cheese & Onion	£5.50
Farmhouse Ham, Cheese & Pineapple	£5.95
Stilton & Bacon	£5.95
Bacon, Brie & Cranberry	£6.50
Tuna, Cheese & Spring Onion	£6.50
Mozzarella, Basil & Tomato	£5.95
Bacon, Brie & Avocado	£6.50

Sandwiches

White, Granary or GF Bread available

Tuna Mayonnaise	£6.25
Egg Mayonnaise	£5.50
Cheese & Tomato	£5.50
Farmhouse Ham Salad	£5.75
Farmhouse Ham, Cheese & Tomato	£5.75
Tuna Mayonnaise Salad	£6.75
Bacon, Lettuce & Tomato	£6.25
Chicken, Bacon, Avocado Mayonnaise	£6.50
Fresh Prawns with Marie Rose Sauce	£7.50
Springs Smoked Salmon	£7.50
Fresh Crab	£8.50

Burgers

Sea Lane 8oz Beef & Cheese	£11.95
8oz Beef, Chilli Jam, Bacon, Jalapeños & Monterey Jack Cheese	£13.50
<i>Cheddar, Brie or Stilton, served in a Brioche Bun with Lettuce, Tomato, Onion, Burger Sauce, Chips & Garnish. Add Bacon for £1.50</i>	
Moving Mountain Vegan Burger	£13.50
<i>avocado & vegan mayo served with chips & garnish</i>	

Fresh Salad

Cheddar Cheese, Farmhouse Ham, Quiche of the day or Avocado	£11.00
Tuna Mayonnaise	£11.50
Chicken, Bacon, Avocado & Mayonnaise	£12.00
Prawns with Marie Rose Sauce	£12.00
Springs Smoked Salmon	£13.95
Fresh Crab	£14.95

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Ciabattas

Bacon, Brie & Cranberry	£6.50
Tuna, Cheese & Spring Onion	£6.50
Ham, Cheese & Pineapple	£6.50
Mozzarella, Basil & Tomato	£6.50

Add a portion of small Chips for £2.10

Jacket Potatoes

Beans	£6.75
Tuna Mayonnaise	£7.95
Fresh Prawns in Marie Rose Sauce	£9.75
Bacon with Cheddar, Brie or Stilton	£8.95

Add Cheese or Coleslaw for £1.50 each

Breakfast Sandwich or Bap

White, Granary or GF Bread available	
Bacon, Sausage, Fried Egg, Black Pudding or Hash Browns	
One Filling	£5.25
Two Filling	£5.75
Three Filling	£6.25

Brioche Bun

Bacon, Fried Egg & Avocado	£6.50
Smoked Salmon, Fried Egg & Avocado	£8.50
Steak, Fried Onion, Rocket & Mustard Mayo	£9.95

Sides

Mixed Side Salad	£5.65
Chips	£2.95
Large Chips	£3.40
Cheesy Chips	£3.95
Coleslaw	£1.50
Slice of Toast	75p
Pot of Jam or Marmalade	70p
Bread & Butter	60p

Kids

Ham or cheese Sandwich & Crisps	£5.50
Chicken Nuggets & Chips	£5.50
Goujons of Plaice & Chips	£5.50

Sausage, Beans & Chips	£5.50
Scampi & Chips	£5.50
Sausage, Fried Egg & Chips	£5.50

